

TRANSFORMATIONAL COACHING FOR LEADERS

L E A D E R

2-DAY TRAINING COURSE

WHY TAKE THIS TRAINING COURSE?

The purpose of the course is to introduce the concepts and skills of coaching. Focusing on experiential learning, participants will have the opportunity to practice and receive feedback on their newly acquired coaching skills.

By the end of the course, you will have a clear idea about what coaching is, how coaching could fit into your life and role, and how it can help to transform your impact. You will be equipped to have coaching conversations with your team on any topic using skills based on scientific and practical research.

COURSE OBJECTIVE:

Attend this course to understand:

- What coaching is
- How to consciously leverage your presence and coaching skills
- How to design powerful coaching relationships
- Key coaching mindsets and skills
- How to have powerful, transformative coaching conversations

WHO IS THIS COURSE FOR?

- Executives and Senior Management
- Heads of HR / Talent / Organisational Development
- Entrepreneurs
- Experienced professionals looking to amplify their impact through coaching but are not yet committed to professional coaching

The training will be conducted in English with Khmer support

DAY 1:

Morning session: *Introduction to Coaching*

In our first session, we will introduce you to the history of coaching, what coaching is and the philosophy and science behind it. You will learn the difference and synergy between coaching mindset (Being) and coaching skills (Doing), and how to harness both to transform your impact. You will also learn the science and practice behind how we self-sabotage.

Afternoon session: *Coaching Mindset and Skills Part 1*

In this session, we will teach you how to have powerful conversations that matter. You will learn how to structure a coaching conversation, and the mindset and skill of powerful listening and powerful questioning. You will be able to apply this to

all areas of your life and leadership, not just in the context of coaching.

DAY 2:

Morning session: *Coaching Framework – Coaching Mindset and Skills Part 2*

In the morning of Day 2, we continue our deep dive into the key mindsets and skills behind powerful coaching.

Afternoon session: *Coaching in Practice – GROW and beyond*

The GROW model is a simple framework to structure a coaching session or conversation. We will introduce this framework and take it deeper so that you can have a transformative impact on your coachees and team.

We will also explore how you might apply these new mindsets and skills into your role, making the learning real. We will explore the ethical considerations of bringing these skills to the workplace and where you will be able to have the greatest impact on your team members and coachees.

ABOUT THE TRAINER:

Our trainer is Cambodia's only certified Co-Active Coach and the founder of Cambodia Coaching Institute, the country's first professional coaching program which recently celebrated the graduation of the first professional coaches in Cambodia.

His partners with his clients to transform their lives, relationships and workplaces, leading to greater happiness and performance. Underlying his work is the belief that people are naturally creative, resourceful and whole. He is trained with Co-Active Training Institute, the oldest coach training school and one of the most innovative leadership training organisations in the world. In addition to this, he holds certification with the ICF and Marshall Goldsmith, the world's premier executive coaching process that has measurably improved 95% of the 11,000 business leaders who have been through it, and is a Positive Intelligence Pioneer Coach.

Prior to coaching, Joey worked in HR and executive pay for Deloitte, Prudential and Nomura. He continues to run a boutique executive pay practice in Cambodia.

If interested in this course, for you and your staff please contact below

**FOR MORE INFO:
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